

Adventure Camp & Wilderness Extreme Packing List 2017

What to bring:

- Bible (and journal if you're into that sort of thing)
- Clothes that you don't mind getting messed up. Remember, we have a dress code that will be enforced. So make sure your shorts are passed your finger tips and you bring T-shirts not tank tops.
- Ladies: one piece bathing suit, Guys: no speedos or compression shorts please
- SOCKS! Lots of SOCKS!
- Closed toed shoes for all activities (you might wanna bring an extra pair)
- Small bag that will fit three days worth of clothing (including bed time clothes)
- Small back pack for day trips (for storing extra change of clothes, bagged lunch, and water bottle)
- Water bottle or water pack (like a camel pack)
- Sleeping bag (sorry, no hammocks)
- Pillow
- At least 2 towels (one for water recreation and one for shower)
- Toiletries (we aren't going to any beauty pageants, so don't bring a whole lot of makeup and unnecessary stuff) Keep it basic: tooth brush, travel size tooth paste, deodorant, travel sized bottles of shampoo, conditioner (2in1 stuff works GREAT with this week) and body wash
- Bug spray and sunscreen
- Flashlight
- Camera (you will want to capture some of the sights, not an expensive one though, disposable waterproof would be best)
- Plastic bags (for wet clothes, storing overnight bags in case of rain, etc.)
- Medications (campers will keep inhalers on them at all times...all other medications will be given to the dean for safe keeping. **Please be sure to have all medication in a MARKED bottle. NO PILL ORGANIZERS ALLOWED**)
- A copy of your insurance card

You may bring if you have:

- Your own bike and helmet (Camp Rudolph has some bikes and helmets for use, but you may prefer your own. The trails we are going on are not rigorous, so even if you don't have a mountain style bike, you should be fine)
- Your own mess kit (If you will use it more than just for Adventure camp, you can get one from Wal-Mart or a sporting goods store. The camp also has some, but if you prefer your own, that's fine just be sure to write your name on the bottom of them)

Please do **NOT** bring the following:

- Electronics of ANY kind, ESPECIALLY cell phones
- Personal belongings that you don't want to get messed up (i.e. stuffed animals, personal keepsakes, jewelry, etc.)
- Weapons of any kind including knives
- Illegal drugs, alcohol, or cigarettes